INSTRUCTIONS: How to Properly Heat Your Meals

BBQ Beef Rib Sandwich:

- Oven Temperature 350°F
- Heating time approximately 20-25 minutes
- Heat until internal temperature reaches 160°F

Bean & Cheese Chimichanga:

- Oven Temperature 350°F
- Heating time approximately 20-23 minutes
- Heat until internal temperature reaches 165°F

Beef, Egg, & Cheese Burrito:

- Oven Temperature 300°F
- Heating time approximately 15-17 minutes
- Heat until internal temperature reaches 160°F (Heating above 165°F may cause filling leakage)
- Microwave Instructions Place product on microwaveable safe plate, heat for 30 seconds. Let rest for 1 minute before consuming.

Beef Teriyaki Dipper & Rice:

• Microwave Instructions - Remove tray seal and place on a microwaveable safe plate. Heat for 2 - 3 minutes. Do not overheat. Microwave ovens may vary; adjust accordingly.

Cheeseburger Sliders:

- Oven Temperature 325°F
- Heating time approximately 10-15 minutes
- Heat until internal temperature reaches 160°F

Chicken Drumstick & Ruffle Fries:

- Oven Temperature 375°F
- Heating time approximately 18-20 minutes
- Heat until internal temperature reaches 165°F

Cinnamon French Toast:

- Oven Temperature 350°F
- Heating time approximately 10 minutes
- Heat until internal temperature reaches 160°F

Fiestada Stuffed Sandwich:

- Oven Temperature 375°F
- Heating time approximately 24-26 minutes
- Heat until internal temperature reaches 160°F
- Microwave Instructions Open one end of plastic wrapper to vent or remove from wrapper. Place product on microwaveable safe plate, heat for 1 minute-15 seconds to 1 minute-30 second.

Italian Cheese Pocket:

- Oven Temperature 350°F
- Heating time approximately 13-15 minutes
- Heat until internal temperature reaches 160°F
- Microwave Instruction Place product on a microwaveable safe plate, heat from 1-1.5 minutes. Microwave ovens may vary; adjust accordingly.

Products need to be heated and consumed within two to four hours otherwise; PLEASE refrigerate or freeze meals until you are ready to heat and serve them.

This Institution is an equal opportunity provider. Esta institución es un proveedor que ofrece igualdad de oportunidades.



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Mini Potato Tots:

- Oven Temperature 425°F
- Heating time approximately 10-15 minutes (Remove Mini Potato Tots from packaging, place product into an ovenable safe tray)
- Heat until internal temperature reaches 160°F

Penne Rigati with Chicken:

- Oven Temperature 350°F
- Heating time approximately 18-20 minutes
- Heat until internal temperature reaches 160°F

Salisbury Steak with Gravy:

- Oven Temperature 350°F
- Heating time approximately 22-25 minutes
- Heat until internal temperature reaches 165°F

Turkey Burger:

- Oven Temperature 375°F
- Heating time approximately 8-10 minutes (Turkey Patty Only)
- Heat until internal temperature reaches 140°F
- Microwave Instructions Place turkey patty on a microwaveable safe plate. Heat for 1 minute on high, remove from microwave and flip burger over. Heat for 1 additional minute. Always heat until internal temperature reaches 140°F. Microwave ovens may vary; adjust accordingly.

WG Sausage (Turkey) Pizza:

- Oven Temperature 325°F
- Heating time approximately 8-11 minutes
- Heat until internal temperature reaches 160°F

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LAUSD Menus are Nut Free

